# Career development program for women in science



# **Kite-mentoring training**

# **Unlock your leadership potential:**

# From researcher to confident leader

**Date:** Thursday 27.02.2025 (9:00 – 17:00)

Location: Faculty of Engineering, Univ. Freiburg, Georges-Köhler-Allee, building 080 - seminar room

Invited trainer: Erika Magyarosi (Tübingen) - https://erikamagyarosi.com/

**Registration:** https://terminplaner6.dfn.de/p/4a73154f79451cdd19cb28249b6037f4-1009507

# **Target audience:**

PhD students and postdoctoral researchers in engineering and in the natural- and life sciences preparing for leadership roles in academia, industry or other professional settings. Perfect for those who want to develop their unique leadership style and inspire confidence in their future teams.

#### Workshop description:

What makes a great leader? The answer isn't one size fits all. This workshop will introduce you to a wide range of leadership styles and help you understand their strengths and challenges. You'll reflect on which styles resonate with your values, preferences and goals, setting the stage for you to become the kind of leader you've always admired.

By the end of the workshop, you'll be equipped with the insights, skills and confidence to lead authentically and effectively. Whether your leadership journey is just beginning or you're ready to fine-tune your approach, this is your opportunity to move forward with clarity and purpose.

#### **Key themes:**

- 1. Exploring leadership styles: An overview of different approaches to leadership and their application in practice.
- 2. Defining your leadership vision: Reflecting on the type of leader you want to be and the legacy you want to leave.



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- Preparing for leadership: Tools and strategies for embodying the characteristics of an inspiring and effective leader.
- 4. Building Influence: Learn how to motivate, communicate and inspire teams with confidence and empathy.
- 5. Navigating challenges: Practical techniques for decision making, conflict resolution and fostering a positive team culture.

### Why this workshop is important:

- Gain clarity on leadership styles that match your personality and professional aspirations.
- Develop a roadmap for developing into the leader you've always wanted to be.
- Build the confidence to take on leadership roles and face challenges with resilience.

### What you'll gain:

- A deeper understanding of leadership strategies and their application in different contexts.
- A personalised leadership development plan tailored to your strengths and goals.
- Practical tools to inspire trust, foster collaboration and drive success in any team.