

Kite-mentoring training

Design your ideal career: From vision to action

Date: Thursday 26.06.2025 (9:00 - 17:00)

Location: Faculty of Engineering, Univ. Freiburg, Georges-Köhler-Allee, building 080 - seminar room

Invited trainer: Erika Magyarosi (Tübingen) - https://erikamagyarosi.com/ Registration: https://terminplaner6.dfn.de/p/46943fdb7aeafbc68d5f53f5dc82d1b4-1069856

Target Audience:

PhD students and postdoctoral researchers in engineering and in the natural- and life sciences and who want to take control of their career path. Perfect for those seeking clarity on their ideal career path, aligning it with their values and setting actionable priorities to achieve it.

Workshop description:

What is your ideal career? And how close - or far - are you from living it? This workshop will guide you through an insightful process of self-reflection and strategic planning. From revisiting childhood dreams to identifying the values and priorities that matter most to you today, you'll gain clarity about what drives you and how to align your career with your vision.

Together, we will analyse the characteristics of your 'ideal' and 'nightmare' jobs, assess your current trajectory and create a clear roadmap to help you take the next steps towards your dream career. Whether you're navigating academia, industry or alternative career paths, this workshop will give you the tools and confidence to move forward.

Key Themes:

1. Understanding your career drivers: Discover what truly motivates you by reconnecting with your childhood interests and mapping them to your current ambitions.

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- 2. Analysing your ideal workplace: Define the characteristics of your dream company or environment and identify red flags to avoid.
- 3. Clarify your values and vision: Reflect on your core values, rules and non-negotiables to guide your career decisions.
- 4. Prioritise: Develop a clear plan to align your day-to-day efforts with your long-term career vision.
- 5. Create your career roadmap: Use actionable strategies to turn your ideal career vision into reality.

Why this workshop is important:

Gain a deeper understanding of what makes a career fulfilling for you.

Learn how to identify and pursue opportunities that align with your values and vision.

Develop tools to avoid environments that conflict with your personal and professional priorities.

What you'll gain:

A personalised framework for assessing potential opportunities and jobs.

A clearer understanding of how your childhood passions influence your career choices today.

A strategic plan to pursue your ideal career path with clarity and purpose.

