



Training

How to find a mentor

Workshop with MAJA SCHELLHORN

Business and career coach and mentoring expert from Freiburg

Date: **Thursday, 23.03.2023 (16.30-20.00)**

Location: University of Freiburg, Faculty of Engineering,
Georges-Köhler-Allee, 79110 Freiburg
Building 80

Registration: please use registration link

This workshop has two major issues:

1) Identify, specify your professional goals:

What are the goals you want to achieve in your work/ job or education within the next 2 or 3 or more years?

2) What kind of a mentor would be helpful for you?

On the basis of the answers to the first question, you can outline what kind of a mentor could give you essential support on your career way. What are the expertise, experience, maybe values, educational or professional focus she/he should have?

We will work much of the time in small groups, so that everybody has time to reflect her issues, supported by the others. Our coach Maja Schellhorn gives inputs, provides structures for effective reflection, guides and assists you.

The outcome of this workshop will give you and kite mentoring indications and clues, where and how to find the right mentor for your needs.



Maja Dorothea Schellhorn, M.A.

Business and Career Coaching

Conflict Mediation

Team Development

Change Management and Organisational Development

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