



Let's talk about MENTAL HEALTH

May 16th from 18.00-19.30 CEST

Dear Women,

May is mental health month and it's such an important topic that I thought it would be a good time to invite back our speakers Anika Melzer and Kathrin Moreno Superlano for an interactive 45-minute session entitled: Let's Talk about Mental Health. You can find out more about these two passionate women below.

After the guided talk and discussion, we will be able to continue talking and mingling in breakout rooms. This will be a great time to get to know other women in STEM.



Because I believe that this is such a vital subject that we need to normalise talking about I am opening this session to all women in STEM. So, please feel free to send this email along to friends and colleagues.

Also, make sure to check your spam folder after you register just in case 🙄

Looking forward to seeing you on May 16th at 18.00!

Warm wishes,

Francesca

Register here



Anika Melzer

Anika is fascinated by the importance of human cognitions and interactions and their psychological consequences since her teenage years. Now she is happy to work in the field of work- and organizational psychology at [Hochschule für Technik und Wirtschaft Berlin](#) as research assistant in the [project BEMpsy](#). She loves to continuously learn and understand what organizations can do to provide healthy conditions for their employees and to develop sustainable solutions to improve today's working environment.



Kathrin Moreno Superlano

Kathrin Moreno Superlano is passionate about mental health topics, leadership, psychosocial stress factors and transformations in working environment. Among others, she enjoys conceptualizing and conducting workshops, exchanging ideas and helping to create a better workplace. Kathrin is currently working for [BEMpsy](#) project as research assistant and deputy project manager and as lecturer for work- and organizational psychology at [Hochschule für Technik und Wirtschaft Berlin](#).