



## **Training**

## Career and vocation Workshop

## Stop just "doing" your job and spice up your professional life

Workshop by **ERIKA MAGYAROSI**, Tübingen

Date: Saturday, 23.10.2021 9:30 – 17:30 (in English)

**Location:** University of Freiburg, Faculty of Engineering,

Georges-Köhler-Allee 078, 79110 Freiburg

seminar room

**Registration:** <a href="https://doodle.com/poll/gghcfadg3udff4yw?utm-source=poll&utm-medium=link">https://doodle.com/poll/gghcfadg3udff4yw?utm-source=poll&utm-medium=link</a>

please register via doodle





## Stop just "doing" your job and spice up your professional life

Do you sometimes feel like losing the joy of work and just "doing" your job? Or that the work you completed today is just replaced by a new endless list of tasks tomorrow, and you feel like Sisyphus? Have you ever asked yourself if this job is the right one for you? Or are you already searching for a new position? I'm very happy if you join us in this workshop dedicated for reflection and revival of our professional vocation.

Very often we lose enthusiasm for our work when we stop growing, or when growth is no longer structurally possible. But what if you weren't just "doing" your job? What if you replaced "doing" with "improving" or "reinventing" or "transforming"? What would happen if we had enough confidence and courage to reconsider the implications of why we do what we do and how we do what we do? Don't worry! You don't have to quit your job!

Our trainer ERIKA MAGYAROSI invites you to find more meaning in what you do, to discover your values, your childhood dreams, match them with your professional reality and fill resourceful while growing professionally.



Dipl. -Phil. ERIKA MAGYAROSI M.A., born in 1980, studied Sociology and Philosophy at the University of Tübingen and at the University Babes-Bolyai in Romania. She works since 2009 as a trainer and lecturer not just for several universities, boroughs, cities and further public institutions, but also in the fields of business-economy and politics. Her main topics are: Time-, Stress- and Project – Management, Memorizing Techniques, Speed Reading, Rhetoric, Scientific Presentations, Communication and Intercultural Competence. Before her career as a lecturer and trainer she worked as a PR Referent and as a translator and gathered professional experience in the field of project management. Since September 2016 Erika Magyarosi has been also the head of the Summer Academy of "Talent im Land" at the Salem International College (event supported by the Robert Bosch Stiftung, Baden-Württemberg Foundation and the Bavarian Ministry of Culture). www.wissenspuls.de