



Topic **Design Your Year with FRANCESCA CARLIN**

Description Design thinking is a proven and highly effective approach to creating the career and life that you want. This 90 minute, interactive workshop will help you acquire a designer mindset that will allow you to create meaningful goals and to reach them in exciting and manageable steps.

This creative and practical approach is at the heart of Designing Your Life, a method developed by Bill Burnett and Dave Evans of the Stanford Design School.

After the workshop, you will be able to...

- Use the Designing your Life framework to create an action plan for your year.
- Challenge and reframe beliefs that are keeping you from moving forward.
- Pursue the right things by aligning goals with key values.
- Get intentional and specific by mapping out how to put plans into action for the next quarter of 2022.

About The Speaker: Francesca Carlin

After burning out and becoming unsatisfied in her previous role as a theatre professional, Francesca stumbled upon Bill Burnett and Dave Evans' book "Designing Your Life: How to Build a Well-lived and Joyful Life" and it started her on her own "way-finding" journey. Today she has absolutely found her path to a fulfilling and meaningful career as a coach and trainer. Francesca is an accredited Transformational Coach through Animas Centre for Coaching and is a certified Designing Your Life Coach.



Time Mar 16, 2022 06:30 PM in [Amsterdam](#), [Berlin](#), [Rome](#), [Stockholm](#), [Vienna](#)

When: **Wednesday, 16. March 2022** 6:30 pm – 8:00 pm

For **registration** click [here](#)