

## Training

# *How to find a proper mentor?*

## *Workshop with MAJA SCHELLHORN*

**Date:** Friday, **22.02.2019** (16.30-20.30)  
**Location:** University of Freiburg, Faculty of Engineering,  
Georges-Köhler-Allee, 79110 Freiburg  
Building 78

This workshop has two major issues:

**1) Identify, specify your professional goals:**

What are the goals you want to achieve in your work/ job or education within the next 3 or 5 or maybe 10 years?

**2) What kind of a mentor would be helpful for you?**

On the basis of the answers you have to the first question you can outline what kind of a mentor could give essential support to you on your way. What are the experiences, the expertise, maybe values, educational or professional focus she should have?

We will work much of the time in small groups, so that everybody has time to reflect her issues, supported by the others. Our coach Maja Schellhorn gives inputs, provides structures for effective reflexion, guides and assists you.

The outcome of this workshop will give you and kite mentoring indications and clues, where and how to find a mentor for you and your needs.