

## Figuring Things Out (with Jana): April 27th at 19.00 CEST

Dear women,

I hope you all had a wonderful holiday break!

Figuring Things Out (with Jana) is coming up next week and the theme is something that I think is so essential: Finding your people. Finding your "tribe" has become somewhat of a catch phrase in the last few years but for a reason. The feeling of belonging is one of the most important components of overall happiness.

Here's Jana's message for the April session:

Finding your people: let's talk about the social side of work

The strength of humanity lies in our amazing ability to gather and spread knowledge between and within generations, as well as to cooperate with other humans to achieve greater goals. Being surrounded by like-minded and supportive people helps us achieve our potential, while being surrounded by "wrong" people can decrease our productivity, damage our mental health, and even destroy our ambitions to pursue a career path we once wanted to follow.

In this session I invite you to join an open discussion about the importance of being surrounded by the right people in your professional social environment. Are you currently surrounded by supportive colleagues? Is your current boss a good mentor? Did you ever feel discouraged by your peers?

Jana Mach

Please register for the meet-up below. If you have any questions, please feel free to reach out!

Also, please check out the other announcements below!

Warm wishes,

Francesca